

# FROZEN MEAL PRICES

|                          |       |       |
|--------------------------|-------|-------|
| Beef Lasagna large       | R 107 | 1139  |
| Beef Lasagna small       | R 57  | 390   |
| Butter Chicken large     | R 97  | 13335 |
| Butter Chicken small     | R 52  | 13334 |
| Cottage Pie large        | R 92  | 4993  |
| Cottage Pie small        | R 47  | 5030  |
| Fish Cakes               | R 57  | 3797  |
| Lamb Curry large         | R 122 | 13442 |
| Lamb Curry small         | R 62  | 13443 |
| Lentil Dahl Large        | R 76  | 13507 |
| Lentil Dahl small        | R 42  | 13508 |
| Mac & Cheese             | R 82  | 13340 |
| Meat balls               | R 107 | 13506 |
| Chicken meat balls       | R 107 | 13510 |
| Vegetable Lasagna large  | R 82  | 391   |
| Vegetable Lasagna small  | R 42  | 1164  |
| Thai Chicken Curry large | R 102 | 4888  |
| Thai Chicken Curry small | R 52  | 4889  |
| Thai Veg Curry large     | R 77  | 13460 |
| Thai Veg Curry small     | R 42  | 13459 |
| Ratatouille              | R 92  | 7253  |
| Potato Gratin            | R 77  | 6415  |
| Chickpea Tagine          | R 77  | 7276  |
| Fish Pie                 | R 174 | 13525 |
| Crumbed Hake             | R 74  | 7305  |
| Moussaka                 | R 127 | 13349 |
| Mushroom & Ricotta       | R 150 | 7308  |