

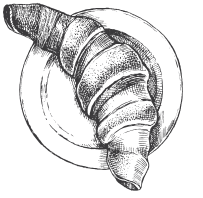


BREAKFAST

FROM 8 - 11:30 AM



FROM THE FOODBARN BAKERY



Specials

- Plant-Based Special** 88
smashed avo on toast, falafels, crunchy cucumbers, fresh mint and homemade mild chilli sauce, olive oil
- Oeuf au plat Catalan** 135
a pan of 2 fried eggs, chorizo sausage meat, onion, chilli crisp and garlic yoghurt
- Big green poached eggs:** pea & mint pesto on toasted sourdough, tender stem, courgette & edamame, pecorino shavings. Served with olive oil & lemon wedge or hollandaise sauce. 140
- Smoked mackerel tartine:** avo, dill cream, watercress, pickled onions, soft poached eggs, on toasted sourdough. 135

	Chia Seed & Coconut Porridge Served with fruit and toasted coconut flakes	78
	Poached Eggs "Benny" Hollandaise sauce, cherry tomatoes & your choice of: Potato rosti or corn fritter + add bacon 45 + add smoked salmon trout 50 + add mushrooms & baby spinach 40	105
	Persian Benny: poached eggs on a potato fritter, wilted greens, spicy chickpeas, sautéed cherry tomatoes, edamame beans & chilli dusted hollandaise	152
	Niçoise Ratatouille (Traditional Southern French veggie stew) With poached eggs and toasted sourdough and "pistou"	97
	Eggs ranchero: spicy red kidney beans topped with 2 free range poached eggs and cheddar, baked in the oven	97
	Sourdough toast "Florentine" With pesto, wilted spinach, 2 poached eggs, creamy emmental sauce & toasted almonds	145
	Whole Goose Two eggs (scrambled or poached), bacon, tomato, mushrooms, porkie, home cut fries, juice, toast & preserves	155
	Foodbarn Fresh Muesli or granola, Greek yoghurt, fruits in season, drizzled with honey	82
	Le Petit An egg (scrambled or poached), bacon, tomato, mushrooms, toast & preserves	87
	Breakfast Quesadilla Mexican beans, cheddar, shredded cabbage, tomato and red onion with scrambled egg	105
	Raw Breakfast Avocado, cucumber, fresh mint, tomato & rocket with toasted seeds on your choice of bread	85

extra sauces

- Hollandaise R35
- Creamy Emmental R35
- FB Tomato Chilli R25
- FB Peri Peri R25

Freshly Baked Croissants (The very best in the Deep South) Served with preserves	32 40
Baked Cheesecake Topped with fresh fruit & berries	57
French Crêpes with Cinnamon Sugar & Syrup (Half Full) Served with cream or ice cream	45 82
Caprese Panini toasted homemade panini with tomato confit, basil pesto, fior di latte mozzarella	98
Moroccan Chicken Panini Toasted homemade panini with mozzarella, free range chicken, harissa mayo, candied onions, fresh coriander	95
"Medi" Panini Toasted homemade panini with brie, chorizo, bacon, roasted garlic pulp, rocket & mild chilli jam	105

coffee etc FROM 8 AM

Choose from:

CHEFFY BLEND All African beans Medium to dark roast	PEACHIE BLEND All South American beans Dark roast
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Bottomless Filter Coffee (3 cups max)	31
Americano / lungo	35
Cappuccino / flat white	36/39
The Village Giant	47
Espresso / double espresso	27/36
Latte	36
Cortado / machiato	33/40
Hot Chocolate, Milo or Chai	41
Ceylon, Rooibos, Peppermint, Chamomile, Green or Earl Grey Tea	27
Please ask for any non dairy milk should you require	
Sodas	31
Tisers	39
Milkshake	55
1 litre Still or Sparkling Purified Water	27



We press fresh juices everyday please ask about today's flavours
House Pressed Juice R51 House Health Shot R18