



BREAKFAST

FROM 8 - 11:30 AM



FROM THE FOODBARN BAKERY



Plant-Based Special

smashed avocado on toast, falafels, crunchy cucumbers, fresh mint and homemade mild chili sauce, olive oil

88

Turkish eggs (Cilbir)

poached eggs, garlic yoghurt, mild paprika butter, fresh dill

110

Eggs Benny Royale:

poached eggs on fluffy potato beignet, sautéed prawns, salmon trout & cherry tomatoes, truffle hollandaise and salmon caviar

195

Smoked mackerel tartine

avocado, dill cream, watercress, pickled onions, soft poached egg, on toasted sourdough.

145

Chia Seed & Coconut Porridge

Served with fruit and toasted coconut flakes

78

Big green poached eggs

pea & mint pesto on toasted sourdough, tender stem, courgette & edamame, pecorino shavings.

145

Served with olive oil & lemon wedge or hollandaise sauce.

Poached Eggs "Benny"

Hollandaise sauce, cherry tomatoes & your choice of: Potato rosti or corn fritter

105

+ add bacon

50

+ add smoked salmon trout

55

+ add mushrooms & baby spinach

40

Persian Benny:

poached eggs on a potato fritter, wilted greens, spicy chickpeas, sautéed cherry tomatoes, edamame beans & chili dusted hollandaise

152

Nicoise Ratatouille (Traditional Southern French veggie stew)

97

With poached eggs and toasted sourdough and "pistou"

Eggs ranchero:

spicy red kidney beans topped with two free range poached eggs and cheddar, baked in the oven

97

Sourdough toast "Florentine"

With pesto, wilted spinach, 2 poached eggs, creamy emmental sauce & toasted almonds

145

Whole Goose

Two eggs (scrambled or poached), bacon, tomato, mushrooms, porkie, home cut fries, juice, toast & preserves

155

Foodbarn Fresh

Muesli or granola, Greek yoghurt, fruits in season, drizzled with honey

85

Le Petit

An egg (scrambled or poached), bacon, tomato, mushrooms, toast & preserves

87

Breakfast Quesadilla

Mexican beans, cheddar, shredded cabbage, tomato and red onion with scrambled egg

110

Raw Breakfast

Avocado, cucumber, fresh mint, tomato & rocket with toasted seeds on your choice of bread

85

extra sauces

Hollandaise R35

Creamy Emmental R35

FB Tomato Chili R25

FB Peri Peri R25

PLANT BASED

VEGETARIAN

franck's cookbooks: feast R550 / feast at home R510

We love our four-legged friends and are happy to welcome well-behaved dogs to our restaurant! To ensure a safe and enjoyable experience for all our guests —human and canine— please ensure that your furry friends are on leash at all times.



We press fresh juices everyday
please ask about today's flavours
House Pressed Juice R51
House Health Shot R20

coffees etc FROM 8 AM



| | |
|----------------------------------------------------------------|-------|
| Bottomless Filter Coffee (3 cups max) | 31 |
| Americano | 35 |
| Lungo | 35 |
| Cappuccino | 36 |
| Flat White | 39 |
| The Village Giant | 47 |
| Espresso / double espresso | 27/36 |
| Latte | 36 |
| Cortado | 33 |
| Macchiato | 40 |
| *for decaf orders a R5 surcharge will be added | |
| Red Cappuccino / Honeybush Cappuccino | 36/39 |
| Hot Chocolate, Chai | 41 |
| Ceylon, Rooibos, Peppermint, Chamomile, Green or Earl Grey Tea | 27 |
| Please ask for any non dairy milk should you require | |
| Sodas | 31 |
| Tisers | 39 |
| Milkshake | 55 |
| 1 litre Still or Sparkling Purified Water | 27 |