

BREAKFAST



FROM THE FOODBARN BAKERY







Obl	160
Chia Seed & Coconut Porridge Served with fruit and toasted coconut flakes	78
Big green poached eggs pea & mint pesto on toasted sourdough, tender stem, courgette & edamame, pecorino shavings. Served with olive oil & lemon wedge or hollandaise sauce.	140
Poached Eggs "Benny" Hollandaise sauce, cherry tomatoes & your choice of: Potato rosti or corn fritter	105
add bacon add smoked salmon trout add mushrooms & baby spinach	45 50 40
Persian Benny: poached eggs on a potato fritter, wilted greens, spicy chickpeas, sautéed cherry tomatoes, edamame beans & chili dusted hollandaise	152
Niçoise Ratatouille (Traditional Southern French veggie stew) With poached eggs and toasted sourdough and "pistou"	97
Eggs ranchero: spicy red kidney beans topped with two free range poached eggs and cheddar, baked in the oven	97
Sourdough toast "Florentine" With pesto, wilted spinach, 2 poached eggs, creamy emmental sauce & toasted almonds	145
Whole Goose Two eggs (scrambled or poached), bacon, tomato, mushrooms, porkie, home cut fries, juice, toast & preserves	155
Foodbarn Fresh Muesli or granola, Greek yoghurt, fruits in season, drizzled with honey	82
Le Petit An egg (scrambled or poached), bacon, tomato, mushrooms, toast & preserves	87
Breakfast Quesadilla Mexican beans, cheddar, shredded cabbage, tomato and red onion with scrambled egg	105
Raw Breakfast Avocado, cucumber, fresh mint, tomato & rocket with toasted seeds on your choice of bread	85

extra sauces

Hollandaise R35 Creamy Emmental R35 FB Tomato Chili R25 FB Peri Peri R25

@ PLANT BASED



Freshly Baked Croissants (The very best in the Deep South) Served with preserves	32 40
French Crêpes with Cinnamon Sugar & Syrup (Half Full) Served with cream or ice cream	45 82
Caprese Panini toasted homemade panini with tomato confit, basil pesto, fior di latte mozzarella	v 98
Moroccan Chicken Panini Toasted homemade panini with mozzarella, free range chicken, harissa mayo, candied onions, fresh coriander	95
"Steak Tartare" Panini Toasted homemade panini with 150g freshly seasoned steatartare, nasturtium pesto & mozzarella	165 ak
"Medi" Panini Toasted homemade panini with brie, chorizo, bacon, roasted garlic pulp, rocket & mild chilli jam	105

coffees etc From 8 AM



Bottomless Filter Coffee (3 cups max)	31
Americano	35
Lungo	35
Cappuccino	36
Flat White	39
The Village Giant	47
Espresso / double espresso	27/36
Latte	36
Cortado	33
Macchiato	40
*for decaf orders a R5 surcharge will be added	
Red Cappuccino / Honeybush Cappuccino	36/39
Hot Chocolate, Chai	41
Ceylon, Rooibos, Peppermint, Chamomile, Green or Earl Grey Tea	27
Please ask for any non dairy milk should you require	
Sodas	31
Tisers	39
Milkshake	55
1 litre Still or Sparkling Purified Water	27



We press fresh juices everyday please ask about today's flavours House Pressed Juice R51 House Health Shot R20